

WHAT'S IN STOCK - FOOD

A

Allspice ground
Almonds
Almonds - Blanched
Almonds - Flaked
Almonds - Ground
Apple rings
Apricots

B

Banana chips
Bay leaves
Black beans
Black Mustard Seed
Bran
Brazils
Buckwheat
Bulgur wheat
Butter beans

C

Cajun seasoning
Cannellini Beans
Caraway Seeds
Cardamon whole
Carob stem ginger
Cashews
cayenne pepper
Celery salt
Chia seeds
Chick peas
Chicken Rub
Chilli flakes
Chilli powder
Chilli rice crackers
Chinese 5 spice
Chocolate and Love bars
Chocolate honeycomb
Chocolate peanuts
Chocolate rasins
Cinammon sticks
Cinnamon ground
Cloves
Cocoa nibs
Cocoa powder
Coconut
Coconut - Dessicated
Coffee - Crankhouse Burila
Coffee - XCR Neighbourhood
Coffee Miles Sumatra
coriander ground
Coriander seed
Cous cous
Cranberries
Crystalised ginger
Cumin ground
Cumin seed
Curry leaves
Curry Powder
Curry powder, mild

WHAT'S IN STOCK - FOOD

D

Dates
De Luxe Muesli
Dill seed

E

F

Fennel seed
Fenugreek
Figs
Flour - Shipton mill wholemeal spelt
Flour - Shipton seeded white
Flour - Shipton Seeded White Organic
Flour - Shipton Wholemeal Spelt Organic
Flour Doves Gluten Free Buckwheat
Flour Doves Gluten Free Plain
Flour Doves Gram
Flour Marriages Light Brown Plain Organic
Flour Marriages Light Brown Self Raising Organic
Flour Marriages Malted Seeded Bread
Flour Marriages Organic Breadmaking
Flour Marriages Plain White Organic
Flour Marriages Self Raising White Organic
Flour Marriages Strong White Organic
Flour Wessex Mill Pasta & Pizza

G

Garam Masala
Garlic granules
Ginger ground
Granola
Green split peas
Ground cardamon
Ground clove

H

Hemp Seeds

I

Instant Hot Chocolate

J

K

Kibbled onion
Kushti Bushtea

L

Lemongrass
Lentils - brown
Lentils - green
Lentils - Puy style
Lentils - red split
Linseed
Liquorice root

WHAT'S IN STOCK - FOOD

M

Mango - organic
Marjoram
Milk
Mint
Mint Imperials
Mixed herbs
Mixed peel
Mixed spice
Mustard Seed

N

Noodles
Nutmeg ground
Nutmeg whole

O

Oat bran
Oats - Jumbo
Oats - rolled/porridge
Oil - EV olive
Oil - EV olive organic
Oil - Greek unrefined
Oil - olive with chilli
Oil - rapeseed organic
Oil - Sunflower organic
Omega seed mix
Oregano
Organic Dark Choc Drops

P

Paprika sweet
Paprika smoked
Pasta - large conch shells
Pasta - squiggles (celentani)
Pasta - corn twists
Pasta - penne
Pasta - wholewheat penne
Pasta - Wholewheat spaghetti
Peanuts baked
Pearl Barley
Pecan
Peppercorn black
Peppercorn mixed
Peppercorns green
Peppercorns pink
Peppercorns white
Pickling spice
Pine nuts - organic
Pineapple
Pink Himalayan salt
Pistachios raw
Polenta
Popping corn
Poppy seeds
Prunes
Pumpkin seed

Q

Quinoa

R

Raisins - lexia
Ras el Hamout
Rasins
Raw hazel nuts
Red kidney beans
Red wine vinegar ORGANIC
Rice - Arborio organic
Rice - Basmati brown organic
Rice - Basmati White
Rice - Brown short grain organic
Rice - pudding
Rice - red organic
Rice - wild
Rice Puffs
Roast Hazel nuts
Roasted Pistachios
Rogan josh mix
Rosemary

WHAT'S IN STOCK - FOOD

S

Sage
Salt
Sesame seeds
Sosmix
Soy Sauce
Soya beans
Star anise
Sugar - dark muscovado
Sugar - light muscovado
Sugar - organic cane
Sugar - organic demerara
Sugared Almonds
Sultanas
Sunflower seeds
Super Hi- Fibre cereal

T

Tarragon
Tea - Chai
Tea - Dartmoor Caravan
Tea - Earl Grey
Tea - geen
Tea - lapsang souchong
Tea - Miles decaff
Tea - Miles Westcountry original
Tea - Minttea
Tea - Popertea
Tea's me Decaf
Thyme
Trailmix
Turmeric
TVP chunks
TVP mince

U

V

Vinegar - balsamic
Vinegar - cider
Vinegar - red wine
Vinegar - white
Vinegar - white wine organic

W

Walnuts
Wine Gums

X

Y

Yeast
Yogurt coated banana
Yohurt coated apricot

Z